

## 2016 Year End Review and Preview of 2017

### Education & Outreach



2016 has been another amazing year for **Chiron's Education and Outreach Division**. We provided training to hundreds of personnel from federal, regional, state, county, and local public service agencies including: three, 4-day Critical Incident Stress Management (CISM) and Peer Support [ICISF](#)-approved courses; the U.S. Forest Region 6 (R6) 5-day *You Will Not Stand Alone* line-of-duty death and significant injury response course; the R6 Ranger Summit; resilience training to all members of the Umatilla National Forest in the state of Washington; the Oregon Fire Administrators Conference; and the [Crisis Response Team](#) (CRT) graduated Class #23 of amazing volunteers in service of our community members affected by tragedy and traumatic loss.



We are so proud to share that our Southern Oregon High-Tech Crimes Task Force Behavioral Health, Wellness, and Resilience Program successfully completed its fifth year of service, continuing to serve as the model for our ongoing support to Oregon's Medford Fire and Rescue, the Central Point Police Department, and the Jackson County Children's Advocacy Center. We are also excited to announce that in 2016 we started similar ongoing resilience programs with all the personnel of the Deschutes County and the Jackson County District Attorney's Offices, as well as with the personnel and their family members of the Beverly Hills and Culver City Fire Departments in southern California.



Finally, [Chiron's Still Standing Equine Programs](#) continued to provide highly effective and well-received experiential workshops and trainings throughout the year, including an afternoon of team building and resilience training with the newest Medford Fire & Rescue recruits!



### Clinical Programs



**Chiron's Clinical Programs Division** provided mental health support to front line responders and their loved ones from over 25 different public service agencies in 2016, related to current and past issues specific to critical incidents; acute and cumulative work-related stress; family and relationship support; illness; grief and loss; addiction; anxiety; depression; PTSD; and suicidality.

Only 40% of these agencies have any mental health support formally available to their personnel and their families. The rest of the services were offered pro bono or at very little cost thanks to the generous grants and donations that Chiron received during the year, allowing us to reduce barriers, and maximize access to mental health treatment and family support.

Chiron's CRT Program continued to provide much needed information, support, and resources at the scene of incidents upon law enforcement and EMS request for our community members; and our Critical Incident Response Team (CIRT) coordinated support efforts and/or responded to numerous critical incidents in direct support of our uniformed personnel and their families including: suicide-homicides, fatal traffic collisions, child deaths, and officer-involved shootings. Chiron also coordinated all CISM and Peer Support efforts for the first three weeks after the Cal-Ore life flight 4-fatality line-of-duty death airplane crash on July 29th, with subsequent on-going follow-up support.

We were also deeply privileged and honored to be asked back for the one year anniversaries of both the Twisp River 3-fatality line-of-duty death wildland fire, and the Umpqua Community College mass-casualty shooting to provide planned, integrative trainings and workshops for surviving and affected public safety members and their families.



### 2017 Preview



**14th World Congress**  
May 1 - 6, 2017

Chiron has some extremely exciting opportunities coming up in 2017 including our presentation at the International Critical Incident Stress Foundation's [14th World Congress](#) in Baltimore, MD. *Love, Hate, & Excellence: Peer-Clinician Synergy* is the title of our presentation, and we present from 1-5pm on Wednesday, May 3rd.

On or before this date we also plan to announce our biggest goal of 2017: to begin our pilot program, Class #1, of our still-in-development 2-year certificate program for license-eligible and licensed clinicians, chaplains, and other professionals interested in serving public safety personnel and their families. Research tells us that uniformed

personnel are up to 4x more likely to die by suicide than by all causes combined in the line of duty; are up to 80% likely to get cancer as well as other stress-exasperated illnesses; and are experiencing unprecedented rates of addiction, family discord, depression, anxiety, and PTSD. Yet their trust and comfort level to access support; and the availability of professionals who truly understand and can successfully partner with them to effectively address their needs remains pervasively deficient.

Chiron is passionately dedicated to reversing these realities through integrative, peer-delivered, culturally-specific mental health, wellness, and resilience resources.

2017 is the year that we will capitalize on our extensive and hard-earned trust relationships within the public safety community to directly partner with them to identify, train, and develop critically needed clinicians and other wellness professionals who will become truly competent, highly effective, and fully capable, embedded providers of education, clinical expertise, and direct resources in support of the mental health and overall wellness of first responders and their families.



### Pay It Forward



Chiron's opportunities to be of service in 2016 have been truly awesome; as have been the trust and support we received by the agencies we serve, our fantastic donors, the generous grants, and champion foundations who make our work possible each year.

We have officially passed our critical first five years of service as a 501(c)3 non-profit, and our reputation for passionate, professional, effective, innovative, and efficient services is already powerfully established within the public safety community.

**THANK YOU** for sharing your time, treasure, and talent with us this past year. Our first responders and their families sacrifice so much in service of our safety and wellbeing; it is such a privilege and honor to be able to give back in support of their quality of life.

We truly cannot do it without you - your volunteerism, resources, advocacy, donations, and all other forms of essential support synergistically empower us to continue our great work together. We proudly look back on an amazing year of service, and we eagerly embrace the opportunities to continue paying it forward in service of our front line responders and their families in 2017.

**THANK YOU!**

