

THE CHIRON WAY



Are you a Chiron?

Take the quiz below & find out...

Who is CHIRON

Chiron (“kī’rōn” / “KYE-ron”), the name of our non-profit is inspired by the story in Greek mythology of a wise centaur best known as “the Wounded Healer.” As the story goes, Chiron had it pretty tough right from the get go. Conceived in violence between worlds that left him half-human, half-immortal, he was abandoned and left to perish at birth. Grotesquely deformed, wholly rejected, and vulnerably alone, Chiron began his core journey to transform suffering into great purpose and meaning. **Are you a Chiron?** Read on and take the quiz...

Early on, Chiron established himself as a great and fearless warrior. He tirelessly studied, practiced, and performed under the most perilous conditions.

I am loyal, disciplined, and steadfast throughout my chosen battles. Yes No

As a general rule, centaurs were notorious for being wild and lusty carousers, overly indulgent drinkers given to violence when intoxicated, and generally uncultured delinquents. Chiron’s discipline and focus empowered him to eventually become the leader of the centaurs, channeling his closest brethren’s energy and power into concentrated acts and deeds that served a greater good.

I lead by example in all aspects of my life, accepting that my greatest faults and deficiencies can be creatively re-tooled, integrated, and developed into great gifts. Yes No

Soon Chiron’s reputation became legendary. He was asked to mentor the most promising students of his time including Achilles, Asclepius, and Heracles (to name a few). His foundational beliefs and core values emphasized that in order to become truly great, you must develop and evolve all parts of yourself - mind, body, heart, and soul.

I am humble and wise enough to know that I must truly attend to all parts of myself - mind, body, heart, and soul - in order to have meaningful, deep, and transformative relationships. Yes No

However, Chiron’s greatest challenge was yet to come. He was accidentally wounded by a lethal arrow and because he was immortal, he could not die. Instead, he was sentenced to excruciating, relentless pain from which he had no respite or known way to find comfort - he wretchedly could not heal himself. This forced Chiron to push even further in his quest; he reached beyond all he had come to know, and began to re-challenge his understanding of how to transform suffering. He found art, music, quiet contemplation, and most of all, acceptance of his condition to be the most powerful resources in this phase of his journey.

We are all “walking wounded” and I have come to accept that some of my injuries (visible or invisible) may never fully heal. That being said, I remain open, courageous, and curious enough to allow new ways of healing and growth to evolve in my life. Yes No

Chiron’s final lesson was the ultimate sacrifice of his life. Chiron traded his immortality in exchange for the gift of fire on earth such that humanity could survive. His sacrifice was so powerful and moving that he was permanently honored with a constellation in the sky, Centaurus, also known as Sagittarius.

Regardless of origin, circumstance, or challenge, I choose to rise above and live an exceptional life of meaning, service, and sacrifice. Yes No

So, what have you discovered? **Are you a Chiron?**

Chiron Center, Inc. is a 501(c)3 non-profit organization. Our mission is to provide behavioral health education, support, and resources designed to maximize the professional excellence and overall quality of life of those who place themselves in harm’s way in service of others. For more information, visit our websites: www.ChironCenter.org, www.ChironCRT.org, & www.ChironStillStanding.org



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